

OPEN FOR ALL!
First 2 weeks (12 classes)

Most Scoring Optional

Maximum GS Overlap

Classes with Live Answer Writing sessions

Political Science & International Relations

FOUNDATION COURSE 2026



FEATURES

- **250+ Hours** of Intensive Offline **Classes**
- Value-Added **Notes**
- Structured **Test Series** – **10 Sectional Tests & 2 FLM'S**
- 1:1 Personalized **Mentorship**
- Dedicated **Student Portal**



ADESH M H

BE Electronics and Communication Engineering, Involved with Teaching and Mentoring Students since 7 years.



Batch Starts from 1st August 2025

PSIR Foundation Course 2026 Schedule

Date	Day	Paper	Chapters	Topics
01/Aug	Friday	Orientation and Strategy Session		
02/Aug	Saturday			
03/Aug	Sunday			
04/Aug	Monday	Paper 1 Part A	Political Theory	Meaning and Approaches.
05/Aug	Tuesday		Western Political Thought	Plato,
06/Aug	Wednesday			Aristotle,
07/Aug	Thursday			Machiavelli,
08/Aug	Friday			Hobbes,
09/Aug	Saturday			Locke,
10/Aug	Sunday			Holiday
11/Aug	Monday			John S. Mill,
12/Aug	Tuesday			Marx,.
13/Aug	Wednesday			Gramsci,
14/Aug	Thursday			Hannah Arendt
15/Aug	Friday		Indian Political Thought	Dharamshastra,
16/Aug	Saturday			Arthashastra
17/Aug	Sunday			Sectional test 1
18/Aug	Monday			Buddhist Traditions;
19/Aug	Tuesday			Sir Syed Ahmed Khan,
20/Aug	Wednesday			Sri Aurobindo,
21/Aug	Thursday			M. K. Gandhi,
22/Aug	Friday			B. R. Ambedkar,
23/Aug	Saturday			M. N. Roy.
24/Aug	Sunday			Holiday
25/Aug	Monday		Theories of state	Liberal, Neo-liberal,
26/Aug	Tuesday			Marxist, Pluralist,

27/Aug	Wednesday			post-colonial and Feminist.
28/Aug	Thursday		Justice	Conceptions of justice with special reference to Rawl's theory of justice.
29/Aug	Friday			Communitarian Critique of justice
30/Aug	Saturday		Equality	Social, political and economic;
31/Aug	Sunday			Sectional test 2
01/Sep	Monday			Relationship between equality and freedom; Affirmative action.
02/Sep	Tuesday		Rights	Meaning and theories;
03/Sep	Wednesday			Different kinds of rights; Concept of Human Rights.
04/Sep	Thursday		Democracy	Classical and contemporary theories;
05/Sep	Friday			Different models of democracy—representative, participatory and deliberative.
06/Sep	Saturday		Concept of power	Hegemony, ideology and legitimacy.
07/Sep	Sunday			Holiday
08/Sep	Monday		Political Ideologies	Liberalism, Socialism, Marxism,
09/Sep	Tuesday			Fascism, Gandhism and Feminism.
10/Sep	Wednesday	Paper 1 Part B	Indian Nationalism	(a) Political Strategies of India's Freedom Struggle : Constitutionalism to mass Satyagraha, Non-cooperation, Civil Disobedience; Militant and Revolutionary Movements, Peasant and Workers Movements.
11/Sep	Thursday			(b) Perspectives on Indian National Movement; Liberal, Socialist and Marxist; Radical Humanist and Dalit.
12/Sep	Friday			
13/Sep	Saturday		Making of the Indian Constitution	Legacies of the British rule; different social and political perspectives.
14/Sep	Sunday			Sectional test 3 Full Syllabus of Paper 1 Part A
15/Sep	Monday		Salient Features of the Indian Constitution	The Preamble, Fundamental Rights and Duties, Directive Principles;.
16/Sep	Tuesday			Parliamentary System and Amendment Procedures; Judicial Review and Basic Structure doctrine
17/Sep	Wednesday		(a) Principal Organs of the Union Government	Envisaged role and actual working of the Executive, Legislature and Supreme Court.
18/Sep	Thursday			(b) Principal Organs of the State Government : Envisaged role and actual working of the Executive, Legislature and High Courts.

19/Sep	Friday		Grassroots Democracy	Panchayati Raj and Municipal Government;
20/Sep	Saturday			Significance of 73rd and 74th Amendments; Grassroot movements.
21/Sep	Sunday			Holiday
22/Sep	Monday		Statutory Institutions/Commissions	Election Commission, Comptroller and Auditor General, Finance Commission, Union Public Service Commission, National Commission for Scheduled Castes, National Commission for Scheduled Tribes,
23/Sep	Tuesday			National Commission for Women; National Human Rights Commission, National Commission for Minorities, National Backward Classes Commission.
24/Sep	Wednesday		Federalism	Constitutional provisions; changing nature of centre-state relations;
25/Sep	Thursday			Integrationist tendencies and regional aspirations; inter-state disputes.
26/Sep	Friday		Planning and Economic development	Nehruvian and Gandhian perspectives; Role of planning and public sector; Green Revolution,
28/Sep	Sunday			Sectional test 4
29/Sep	Monday			Land reforms and agrarian relations; liberalization and economic reforms.
30/Sep	Tuesday		Society	Caste, Religion and Ethnicity in Indian Politics.
01/Oct	Wednesday		Party System	National and regional political parties, ideological and social bases of parties; Patterns of coalition politics;
02/Oct	Thursday			Pressure groups, trends in electoral behaviour; changing socio-economic profile of Legislators.
03/Oct	Friday		Social Movement	Civil liberties and human rights movements;
04/Oct	Saturday			Women's movements; environmentalist movements.
05/Oct	Sunday			Holiday
06/Oct	Monday	Papers 2 Part A	Comparative Politics	Nature and major approaches;
07/Oct	Tuesday			Political economy and political sociology perspectives; Limitations of the comparative method.
08/Oct	Wednesday		State in Comparative Perspective	Characteristics and changing nature of the State in capitalist and socialist economies,
09/Oct	Thursday			Advanced industrial and developing societies.

10/Oct	Friday		Politics of Representation and Participation	Political parties, pressure groups and social movements in advanced industrial and developing societies.
11/Oct	Saturday		Globalisation	Responses from developed and developing societies.
12/Oct	Sunday			Sectional test 5 (Full Syllabus of Paper 1 Part B)
13/Oct	Monday		Approaches to study IR	Idealist, Realist, Marxist,
14/Oct	Tuesday			Functionalist and Systems theory.
15/Oct	Wednesday		Key Concepts in IR	National interest, security and power; Balance of power and deterrence;
16/Oct	Thursday			Transnational actors and collective security; World capitalist economy and globalisation.
17/Oct	Friday		Changing International Political Order	(a) Rise of super powers; Strategic and ideological Bipolarity, arms race and cold war; Nuclear threat;
18/Oct	Saturday			(b) Non-aligned Movement : Aims and achievements.
19/Oct	Sunday			Holiday
20/Oct	Monday			(c) Collapse of the Soviet Union; Unipolarity and American hegemony; Relevance of non-alignment in the contemporary world.
21/Oct	Tuesday		Evolution of the International Economic System	From Brettonwoods to WTO; Socialist economies and the CMEA (Council for Mutual Economic Assistance);
22/Oct	Wednesday			Third World demand for new international economic order; Globalisation of the world economy.
23/Oct	Thursday		United Nations	Envisaged role and actual record;
24/Oct	Friday			Specialized UN agencies—aims and functioning; need for UN reforms.
25/Oct	Saturday		Regionalisation of World Politics	EU, ASEAN,
26/Oct	Sunday			Holiday
27/Oct	Monday			APEC, AARC, NAFTA.
28/Oct	Tuesday		Contemporary Global concerns	Democracy, human rights, environment,
29/Oct	Wednesday			Gender justice terrorism, nuclear proliferation.
30/Oct	Thursday	Paper 2 Part B	Indian Foreign Policy	Determinants of foreign policy;

31/Oct	Friday			The institutions of policy-making; Continuity and change.
1/Nov	Saturday		NAM	India's Contribution to the Non-Alignment Movement Different phases; Current role.
2/Nov	Sunday			Sectional test 6 (Full syllabus of Paper 2 part A)
3/Nov	Monday		India and South Asia	(a) Regional Co-operation : SAARC-past performance and future prospects.
4/Nov	Tuesday			(b) South Asia as a Free Trade Area..
5/Nov	Wednesday			(c) India's "Look East" policy.
6/Nov	Thursday			(d) Impediments to regional co-operation : River water disputes; illegal cross border migration; Ethnic conflicts and insurgencies; Border disputes
7/Nov	Friday		India and the Global South	Relations with Africa and Latin America;
8/Nov	Saturday			Leadership role in the demand for NIEO and WTO negotiations.
9/Nov	Sunday			Sectional test 7
10/Nov	Monday		India and global centers of power	USA, EU,
11/Nov	Tuesday			Japan, China and Russia.
12/Nov	Wednesday		India and the UN System	Role in UN Peace-keeping;
13/Nov	Thursday			Demand for Permanent Seat in the Security Council.
14/Nov	Friday		India and the Nuclear power question	Changing perceptions and policy.
15/Nov	Saturday		Recent developments in Indian Foreign Policy	India's position on the recent crises in Afghanistan, Iraq and West Asia, growing relations with US and Isreal; Vision of a new world order.
16/Nov	Sunday			Sectional test 8
17/Nov	Monday			
18/Nov	Tuesday			
19/Nov	Wednesday		Paper 1 Full Length Test	
20/Nov	Thursday		Paper 2 Full length test	