

**SANKALP 2026: IAS BABA's UPSC CSE Mains Programme: Starting from 18th June 2026**



Day	Date	Day of Week	Syllabus Component / Focus Theme	Test Format / Details
<b>TLP- DAILY TESTS AND MEP- SECTIONAL TESTS</b>				
<b>Note : Timings   TLP - Daily test : 8:00 AM to 8:45 AM   MEP Sectional test : 9: 00 AM to 12: 00 PM  </b>				
Day 1	18-Jun-26	Thursday	GS 1 and GS 2 Strategy session conducted by Sandeep Badad (Rank 82) and Kiran Kamate (Rank 53) respectively (Recorded)	Strategy session
Day 2	19-Jun-26	Friday	GS 3 and GS 4 Strategy session conducted by Kiran Kamate (Rank 53) and Sandeep Badad (Rank 82) respectively (Recorded)	Strategy session
Day 3	20-Jun-26	Saturday	Essay Strategy session conducted by Kiran Kamate (Rank 53) (Recorded)	Strategy session
Day 4	21-Jun-26	Sunday	<b>[10:00 AM - 11:30 AM] ESSAY TEST 01: Theme / Philosophical Based</b>	<b>Half Length Essay Paper (1 Essay)</b>
Day 5	22-Jun-26	Monday	[GS 1] Indian culture will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times.	Sankalp Daily 5-Questions Self Practice Drill
Day 6	23-Jun-26	Tuesday	[GS 1] Modern Indian history from about the middle of the eighteenth century until the present- significant events, personalities, issues.	Sankalp Daily 5-Questions Self Practice Drill
Day 7	24-Jun-26	Wednesday	[GS 1] The Freedom Struggle - its various stage.	Sankalp Daily 5-Questions Self Practice Drill
Day 8	25-Jun-26	Thursday	[GS 1] The Freedom Struggle - Important contributors / contributions from different parts of the country.	Sankalp Daily 5-Questions Self Practice Drill
Day 9	26-Jun-26	Friday	[GS 1] Post-independence consolidation and reorganization within the country History of the world will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries.	Sankalp Daily 5-Questions Self Practice Drill
Day 10	27-Jun-26	Saturday	[GS 1] Colonization, decolonization, political philosophies like communism, capitalism, socialism etc.- their forms and effect on the society. + <b>[ADDITIONAL SLOT 10:00 AM - 11:30 AM] ESSAY TEST 02: Theme / Philosophical Based</b>	Sankalp Daily 5Q Practice Drill + <b>Half Length Essay Paper (1 Essay)</b>

Day 11	28-Jun-26	Sunday	GS 1 SECTIONAL TEST (PART 01)	Full-Length 3-Hour Exam
Day 12	29-Jun-26	Monday	[GS 1] Salient features of Indian Society, Diversity of India. Role of women and women's organization.	Sankalp Daily 5-Questions Self Practice Drill
Day 13	30-Jun-26	Tuesday	[GS 1] Population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies.	Sankalp Daily 5-Questions Self Practice Drill
Day 14	01-Jul-26	Wednesday	[GS 1] Effects of globalization on Indian society. Social empowerment, communalism, regionalism & secularism.	Sankalp Daily 5-Questions Self Practice Drill
Day 15	02-Jul-26	Thursday	[GS 1] Salient features of world's physical geography. Distribution of key natural resources across the world (including South Asia and the Indian sub-continent).	Sankalp Daily 5-Questions Self Practice Drill
Day 16	03-Jul-26	Friday	[GS 1] Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India). Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc.	Sankalp Daily 5-Questions Self Practice Drill
Day 17	04-Jul-26	Saturday	[GS 1] Geographical features and their location- changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes. + <b>[ADDITIONAL SLOT 10:00 AM - 11:30 AM] ESSAY TEST 03: Theme / Philosophical Based</b>	Sankalp Daily 5Q Practice Drill + <b>Half Length Essay Paper</b> (1 Essay)
Day 18	05-Jul-26	Sunday	GS 1 SECTIONAL TEST (PART 02)	Full-Length 3-Hour Exam
Day 19	06-Jul-26	Monday	[GS 2] Indian Constitution- historical underpinnings, evolution, features, amendments, significant provisions and basic structure.	Sankalp Daily 5-Questions Self Practice Drill
Day 20	07-Jul-26	Tuesday	[GS 2] Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein.	Sankalp Daily 5-Questions Self Practice Drill
Day 21	08-Jul-26	Wednesday	[GS 2] Separation of powers between various organs dispute redressal mechanisms and institutions. Comparison of the Indian constitutional scheme with that of other countries.	Sankalp Daily 5-Questions Self Practice Drill
Day 22	09-Jul-26	Thursday	[GS 2] Parliament and State Legislatures - structure, functioning, conduct of business, powers & privileges and issues arising out of these.	Sankalp Daily 5-Questions Self Practice Drill

Day 23	10-Jul-26	Friday	[GS 2] Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government;	Sankalp Daily 5-Questions Self Practice Drill
Day 24	11-Jul-26	Saturday	[GS 2] Pressure groups and formal/informal associations and their role in the Polity. Salient features of the Representation of People's Act. + <b>[ADDITIONAL SLOT 10:00 AM - 01:00 PM] ESSAY TEST 04: Theme &amp; Philosophical Based</b>	Sankalp Daily 5Q Practice Drill + <b>Full Length Essay Paper</b> (2 Essays)
Day 25	12-Jul-26	Sunday	<b>GS 2 SECTIONAL TEST (PART 01)</b>	<b>Full-Length 3-Hour Exam</b>
Day 26	13-Jul-26	Monday	[GS 2] Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. Statutory, regulatory and various quasi- judicial bodies.	Sankalp Daily 5-Questions Self Practice Drill
Day 27	14-Jul-26	Tuesday	[GS 2] Government policies and interventions for development in various sectors and issues arising out of their design and implementation. Development processes and the development industry the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.	Sankalp Daily 5-Questions Self Practice Drill
Day 28	15-Jul-26	Wednesday	[GS 2] Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.	Sankalp Daily 5-Questions Self Practice Drill
Day 29	16-Jul-26	Thursday	[GS 2] Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. Issues relating to poverty and hunger.	Sankalp Daily 5-Questions Self Practice Drill
Day 30	17-Jul-26	Friday	[GS 2] Important aspects of governance, transparency and accountability, e-governance- applications, models, successes, limitations, and potential; citizens charters, transparency & accountability and institutional and other measures. Role of civil services in a democracy.	Sankalp Daily 5-Questions Self Practice Drill
Day 31	18-Jul-26	Saturday	[GS 2] India and its neighbourhood- relations. Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests.Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora. Important International institutions, agencies and fora, their structure, mandate. + <b>[ADDITIONAL SLOT 10:00 AM - 01:00 PM] ESSAY TEST 05: Theme &amp; Philosophical Based</b>	Sankalp Daily 5Q Practice Drill + <b>Full Length Essay Paper</b> (2 Essays)
Day 32	19-Jul-26	Sunday	<b>GS 2 SECTIONAL TEST (PART 02)</b>	<b>Full-Length 3-Hour Exam</b>
Day 33	20-Jul-26	Monday	[GS 3] Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment. Inclusive growth and issues arising from it.	Sankalp Daily 5-Questions Self Practice Drill
Day 34	21-Jul-26	Tuesday	[GS 3] Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers.	Sankalp Daily 5-Questions Self Practice Drill

Day 35	22-Jul-26	Wednesday	[GS 3] Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal rearing.	Sankalp Daily 5-Questions Self Practice Drill
Day 36	23-Jul-26	Thursday	[GS 3] Food processing and related industries in India- scope and significance, location, upstream and downstream requirements, supply chain management.	Sankalp Daily 5-Questions Self Practice Drill
Day 37	24-Jul-26	Friday	[GS 3] Land reforms in India. Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth. Infrastructure: Energy, Ports, Roads, Airports, Railways etc. Investment models.	Sankalp Daily 5-Questions Self Practice Drill
Day 38	25-Jul-26	Saturday	[GS 3] Disaster and disaster management.+ <b>[ADDITIONAL SLOT 10:00 AM - 1:00 PM] ESSAY TEST 06: Theme &amp; Philosophical Based</b>	Sankalp Daily 5Q Practice Drill + <b>Full Length Essay Paper</b> (2 Essays)
Day 39	26-Jul-26	Sunday	<b>GS 3 SECTIONAL TEST (PART 01)</b>	<b>Full-Length 3-Hour Exam</b>
Day 40	27-Jul-26	Monday	[GS 3] Conservation, environmental pollution and degradation. Environmental impact assessment.	Sankalp Daily 5-Questions Self Practice Drill
Day 41	28-Jul-26	Tuesday	[GS 3] Science and Technology- developments and their applications and effects in everyday life. Achievements of Indians in science & technology; indigenization of technology and developing new technology.	Sankalp Daily 5-Questions Self Practice Drill
Day 42	29-Jul-26	Wednesday	[GS 3] Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights.	Sankalp Daily 5-Questions Self Practice Drill
Day 43	30-Jul-26	Thursday	[GS 3] Linkages between development and spread of extremism. Role of external state and non-state actors in creating challenges to internal security.	Sankalp Daily 5-Questions Self Practice Drill
Day 44	31-Jul-26	Friday	[GS 3] Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges.	Sankalp Daily 5-Questions Self Practice Drill
Day 45	01-Aug-26	Saturday	[GS 3] money-laundering and its prevention. Security challenges and their management in border areas-linkages of organized crime with terrorism. Various Security forces and agencies and their mandate.	Sankalp Daily 5Q Practice Drill
Day 46	02-Aug-26	Sunday	<b>GS 3 SECTIONAL TEST (PART 02)</b>	<b>Full-Length 3-Hour Exam</b>

Day 47	03-Aug-26	Monday	[GS 4] Ethics and Human Interface: Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships. Human Values - lessons from the lives and teachings of great leaders, reformers and administrators. Role of family, society and educational institutions in inculcating values.	Sankalp Daily 5-Questions Self Practice Drill
Day 48	04-Aug-26	Tuesday	[GS 4] Attitude: content, structure, function; its influence and relation with thought and behaviour. moral and political attitudes; social influence and persuasion. Aptitude and foundational values for Civil Service, integrity.	Sankalp Daily 5-Questions Self Practice Drill
Day 49	05-Aug-26	Wednesday	[GS 4] Foundational Values: impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker-sections. [GS 4] Emotional intelligence-concepts, and their utilities and application in administration and governance.	Sankalp Daily 5-Questions Self Practice Drill
Day 50	06-Aug-26	Thursday	[GS 4] Contributions of moral thinkers and philosophers from India and world. Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions.	Sankalp Daily 5-Questions Self Practice Drill
Day 51	07-Aug-26	Friday	GS 4 SECTIONAL TEST (PART 01)	Full-Length 3-Hour Exam
Day 52	08-Aug-26	Saturday	[GS 4] Laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance.	Sankalp Daily 5Q Practice Drill
Day 53	09-Aug-26	Sunday	[GS 4] Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information.	Sankalp Daily 5Q Practice Drill
Day 54	10-Aug-26	Monday	[GS 4] Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption.	Sankalp Daily 5Q Practice Drill
Day 55	11-Aug-26	Tuesday	[GS 4] Case Studies on above issues.	Sankalp Daily 5Q Practice Drill
Day 56	12-Aug-26	Wednesday	GS 4 SECTIONAL TEST (PART 02)	Full-Length 3-Hour Exam
Day 57	13-Aug-26	Thursday	Revision, Subject Consolidation & Answer Refinement Window	Self-Study & Mentorship
<b>OPEN MOCK TESTS</b>				
Day 58	14-Aug-26	Friday	OPEN MOCK : Essay Paper	Cycle 3 FLM
Day 59	15-Aug-26	Saturday	OPEN MOCK : GS Paper 1 & GS Paper 2	Cycle 3 FLM
Day 60	16-Aug-26	Sunday	OPEN MOCK : GS Paper 3 & GS Paper 4	Cycle 3 FLM
<b>OFFICIAL UPSC MAINS EXAM SCHEDULE</b>				
	21-Aug-26	Friday	Essay Paper (Paper I)	

UPSC WEEK	22-Aug-26	Saturday	OFFICIAL UPSC MAINS EXAM: General Studies I (Morning) & General Studies II (Afternoon)
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	23-Aug-26	Sunday	OFFICIAL UPSC MAINS EXAM: General Studies III (Morning) & General Studies IV (Afternoon)
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**Note: Cycle 01 FLMs will be held on 4th, 5th and 6th August 2026 | Cycle 02 FLMs will be held on 9th, 10th and 11th August 2026 (Flexible Tests)**